



Element list

Element Recognition Criteria_CoP2025-2028

[WAG] Floor Exercise W-001

element ID	element
1.101.1	Split leap fwd
1.101.2	Split leap fwd with bending of the forward leg
1.201	Split leap with 1/2 turn (180°)
1.301	Split leap with 1/1 turn (360°)
1.202.1	Fouette Hop with leg change to cross split (tour jeté)
1.202.2	Fouette Hop with leg change to cross split (tour jeté) to ring position
1.302.1	Tour jeté with additional 1/2 turn (180°), landing on both feet
1.302.2	Tour jeté with additional 1/2 turn (180°), landing on one foot
1.402	[Gogean] Tour jeté with additional 1/1 turn (360°), landing on one or both feet
1.103	Tuck jump with separation of legs to cross split during flight phase
1.304.1	[Frolova] Switch leap with 1/2 turn (180°)
1.404.1	Switch leap with 1/1 turn (360°)
1.205	Leap fwd with leg change to cross split (Switch leap)
1.305	Switch leap to ring position
1.405	[Sankova] Switch leap to ring position with 1/2 turn (180°)
1.207.3	Split Jump with 1/2 turn (180°)
1.307.3	Split Jump with 1/1 turn (360°)
1.407.3	Split Jump with 1½ turn (540°)
1.109.1	Split jump
1.109.2	Stag jump
1.109.3	Stag jump with 1/2 turn (180°)
1.109.4	Sissone (take off from both feet, land on one foot)
1.209.1	Sissone to ring position to land on one foot
1.209.2	Stag ring jump
1.209.3	Split jump to ring position to land on both feet
1.209.4	Split jump to ring position with 1/2 turn (180°) to land on both feet
1.309.1	Split ring leap
1.309.2	[Jurkowska-Kowalska] Split jump to ring position with 1/1 turn (360°)
1.409.1	[Ferrari] Tour jeté, to ring position with additional 1/2 turn (180°)
1.409.2	[Ting] Split leap to ring position with 1/2 turn (180°)